## MARCH 2020 • Waterville Elementary School

### MONDAY
- **Chicken Nuggets**
- **Terrific Tuna Sandwich**
- **Tiny Broccoli Trees**
- **Steamy Rice**

### TUESDAY
- **Mexican Tacos**
- **Honey Carrot Bars**
- **Turkey Gravy**
- **Local Dino’s Meatball Sub**

### WEDNESDAY
- **BBQ Pulled Pork**
- **Mozzarella Sticks with Dipping Sauce**
- **Bacon Cheeseburger**
- **Local Dino’s Meatball Sub**

### THURSDAY
- **Whole Grain French Toast Sticks**
- **Dip N Sip (Grilled Cheese & Tomato Soup)**
- **Cheesy Cheese Pizza**
- **Superintendent’s Day- NO SCHOOL!**

### FRIDAY
- **Lettuce, Cheese, Tomato Cup**
- **Carolyn’s Mac & Cheese**
- **Local Very Berry Yogurt**
- **Cheesy Cheese Pizza**

---

**Available Daily:**
- Fresh Entrees Salads, Party Plates, Assorted Subs and Sandwiches, Peanut Butter and Jelly Sandwich, Assorted Fresh Fruit, Vegetable Cruncher Cups, Variety of Fresh Fruit and Juice, Ice Cold New York State Milk.

**Local Items this Month:**
- Milk, Cheddar Cheese, Yogurt, Butternut Squash, Sweet Potatoes, Mini Potatoes, Apples, Cabbage, Carrots, Pork, Meatballs, Maple Syrup, Salad Greens, Kale, Hot Dogs. Items are bolded on menu.

**Harvest of the Month:** Carrots & Maple Syrup
- Carrots are packed with Vitamin A, which is great for eye health! They are also packed with fiber and antioxidants.
- Maple Syrup is an all-natural sweetener, high in calcium, thiamin, potassium and copper!

**Foodservice Helper Substitutes Needed**
- in all districts, call 315-738-0848 for more information!

**Please use My School Bucks to put money on your child’s account, or send in checks to the school. Please do not send cash.**

---

**LUNCH PRICE IS $2.50 • MENU IS SUBJECT TO CHANGE • For more information email hmielnicki@oneida-boces.org**